

FOUNDATIONAL YOGA TEACHER TRAINING CALENDAR		Fall/Winter 2022-2023		
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY
1 F	1 S	1 W	1 F	1 M NEW YEAR'S
2 S	2 M	2 T	2 S FYTT C1 10:30-3:30	2 T FYTT Studio Time 7:30-9pm
3 S	3 T FYTT Studio Time 7:30-9:00	3 F	3 S FYTT C1 10:30-3:30	3 W
4 M	4 W	4 S FYTT C1 10:30-3:30	4 M	4 T
5 T	5 T	5 S FYTT C1 10:30-3:30	5 T FYTT Studio Time 7:30-9pm	5 F
6 W	6 F	6 M	6 W	6 S FYTT Practice Teach 12pm-5pm
7 T	7 S Foundational YTT C1 10:30-3:30	7 T FYTT Studio Time 7:30-9pm	7 T	7 SFYTT Practice Teach 12pm-5pm
8 F	8 S Foundational YTT C1 10:30-3:30	8 W	8 F	8 M
9 S	9 M COLUMBUS/ INDIGENOUS DAY	9 T	9 S FYTT C2 10:30-3:30	9 T Studio Time 7:30-9pm
10 S	10 T FYTT Studio Time 7:30-9	10 F	10 S FYTT C2 10:30-3:30	10 W
11 M	11 W	11 S VETERAN'S DAY FYTT C2 10:30-3:30	11 M	11 T
12 T	12 T	12 S FYTT C2 10:30-3:30	12 T FYTT Studio Time 7:30-9pm	12 F
13 W	13 F	13 M FYTT Book Club 7:30-9pm	13 W	13 S FYTT Practice Teach 12pm-5pm
14 T	14 S Foundational YTT C2 10:30-3:30	14 T FYTT Studio Time 7:30-9pm	14 T	14 S FYTT Practice Teach & graduation 12pm-8pm
15 F	15 S Foundational YTT C2 10:30-3:30	15 W	15 F	15 M MLK DAY of service
16 S 10:30-3:30 Foundational YTT	16 M	16 T	19 S	16 T
17 S 10:30-3:30 Foundational YTT	17 T FYTT Studio Time 7:30-9pm	17 F	17 S	17 W
18 M	18 W	18 S	18 M FYTT Book Club 7:30-9pm	18 T
19 T Foundational YTT studio Time 7:30-9	19 T	19 S	19 T FYTT Studio Time 7:30-9pm	19 F
20 W	20 F	20 M	20 W	20 S
21 T	21 S	21 T Studio Time 7:30-9pm	21 T	21 S
22 F	22 S	22 W	22 F	22 M
23 S	23 M FYTT Book Club 7:30-9pm	23 T THANKSGIVING	23 S	23 T
24 S	24 T FYTT Studio Time 7:30-9pm	24 F	24 S CHRISTMAS EVE	24 W
25 M FYTT Book Club 7:30-9	25 W	25 S	25 M CHRISTMAS	25 T
26 T FYTT Open Studio Time 7:30-9	26 T	26 S	26 T	26 F
27 W	27 F	27 M	27 W	27 S
28 T	28 S	28 T Studio Time 7:30-9pm	28 T	28 S
29 F	29 S	29 W SEMINAR	29 F	29 M
30 S	30 M	30 T	30 S	30 T
	31 T		31 S	31 W