

## June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						8:30-10:00am <a href="#">The Details with DIANE</a>
						10:30-11:30 <a href="#">Flow to Rest with SARA</a>
						12:00-5:00pm <a href="#">AYTT Module 1 Yoga Teachers Guide to and Through the Body</a>
2	3	4	5	6	7	8
<a href="#">10:30-11:30am Sara's Restorative with SARA</a>	<a href="#">6:30-7:15am Day Break with SARA</a>	<a href="#">10:30-11:30pm Shine Strength and Stability with COURTNEY</a>	<a href="#">6:30-7:15am Day Break with SARA</a>		<a href="#">6:30-7:15am Day Break with SARA</a>	<a href="#">8:30-10:00am The Details with SARA</a>
<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>	<a href="#">10:30-11:30am Somatic Yoga with ERIN</a>	<a href="#">4:30-5:30pm Shine Wholeness with CONNIE</a>	<a href="#">10:30-11:30am Shine Classic with AMANDA</a>	<a href="#">10:30-11:30am Somatic Yoga with ERIN</a>	<a href="#">10:30-11:30am Shine Classic with ERIN for Amanda</a>	<a href="#">10:30-11:30am Flow to Rest with SARA</a>
	<a href="#">5:15-6:15pm Shine Classic with AMANDA</a>	<a href="#">6:15-7:15pm Shine Gentle with AMANDA</a>	<a href="#">5:15-6:15pm Somatic Yoga with ERIN</a>	<a href="#">4:30-5:30pm Shine Vinyasa with NICOLE</a>	<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>	<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>
			<a href="#">7:00-8:00pm Reiki Restorative with BARB</a>			
9	10	11	12	13	14	15
<a href="#">10:30-11:30am Sara's Restorative with SARA</a>	<a href="#">6:30-7:15am Day Break with SARA</a>	<a href="#">10:30-11:30 Shine Strength and Stability with COURTNEY</a>	<a href="#">6:30-7:15am Day Break with SARA</a>		<a href="#">6:30-7:15am Day Break with SARA</a>	<a href="#">8:30-10:00am The Details with DIANE</a>
<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>	<a href="#">10:30-11:30am Somatic Yoga with ERIN</a>	<a href="#">4:30-5:30 pm Shine Wholeness with ERIN for Connie</a>	<a href="#">10:30-11:30am Shine Classic with AMANDA</a>	<a href="#">10:30-11:30am Somatic Yoga with ERIN</a>	<a href="#">10:30-11:30am Shine Classic with AMANDA</a>	<a href="#">10:30-11:30am Flow to Rest with SARA</a>
	<a href="#">5:15-6:15 Shine Classic with NICOLE for Amanda</a>	<a href="#">6:15-7:15pm Shine Gentle with AMANDA</a>	<a href="#">5:15-6:15pm Somatic Yoga with ERIN</a>	<a href="#">4:30-5:30pm Shine Vinyasa with NICOLE</a>	<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>	<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>
			<a href="#">7:00-8:00pm Reiki Restorative with BARB</a>			
16	17	18	19	20	21	22
<a href="#">10:30-11:30am Sara's Restorative with SARA</a>	<a href="#">6:30-7:15am Day Break with Sara</a>	<a href="#">10:30-11:30am Shine Strength and Stability with COURTNEY</a>	<a href="#">6:30-7:15am Day Break with SARA</a>		<a href="#">6:30-7:15am Day Break with SARA</a>	<a href="#">8:30-10:00am The Details with SARA</a>
<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>	<a href="#">10:30-11:30am Somatic Yoga with ERIN</a>	<a href="#">4:30-5:30pm Shine Wholeness with CONNIE</a>	<a href="#">10:30-11:30am Shine Classic with AMANDA</a>	<a href="#">10:30-11:30am Somatic Yoga with ERIN</a>	<a href="#">10:30-11:30am Shine Classic with AMANDA</a>	<a href="#">10:30-11:30am Flow to Rest with SARA</a>

	<a href="#">5:15-6:15 Shine Classic with AMANDA</a>	<a href="#">6:15-7:15pm Shine Gentle with AMANDA</a>	<a href="#">5:15-6:15pm Somatic Yoga with ERIN</a>	<a href="#">4:30-5:30pm Shine Vinyasa with NICOLE</a>	<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>	<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>
			<a href="#">7:00-8:00pm Reiki Restorative with BARB</a>			
23	24	25	26	27	28	29
<a href="#">10:30-11:30am Sara's Restorative with SARA</a>	<a href="#">6:30-7:15am Day Break with Sara</a>	<a href="#">10:30-11:30am Shine Strength and Stability with COURTNEY</a>	<a href="#">6:30-7:15am Day Break with SARA</a>		<a href="#">6:30-7:15am Day Break with SARA</a>	<a href="#">8:30-10:00am The Details with SARA</a>
<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>	<a href="#">10:30-11:30am Somatic Yoga with ERIN</a>	<a href="#">4:30-5:30pm Shine Wholeness with NICOLE for Connie</a>	<a href="#">10:30-11:30am Shine Classic with AMANDA</a>	<a href="#">10:30-11:30am Somatic Yoga with ERIN</a>	<a href="#">10:30-11:30am Shine Classic with AMANDA</a>	<a href="#">10:30-11:30am Flow to Rest with SARA</a>
	<a href="#">5:15-6:15pm Shine Classic with AMANDA</a>	<a href="#">6:15-7:15pm Shine Gentle with AMANDA</a>	<a href="#">5:15-6:15pm Somatic Yoga with ERIN</a>	<a href="#">4:30-5:30pm Shine Vinyasa with NICOLE</a>	<a href="#">Yoga for a Healing Heart the Jack G Rogers Foundation</a>	
			<a href="#">7:00-8:00pm Reiki Restorative with BARB</a>		<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>	<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>
30						
<a href="#">10:30-11:30am Sara's Restorative with SARA</a>						
<a href="#">One on one's and Yoga Prescription's available with Sara by Appointment Only From 12-6PM</a>						